

Location	Volunteer Names	
Parking		
Registration	Dawn H.	Ash J.
Finish Line	Robin S.	Monica L.
Course Direction	Cindi N.	Martin N.
ZONE 1		
50 Wall Balls	Erica L.	Nicole E.
Long AF Monkey Bars	Charlie	Mari
Uphill Carries	Judy D.	Kim B.
Smal Wall Hurdles		
ZONE 2		
Cargo Net		
50m Burpee Broad Jump	Eugene B.	Crystal M.
Rope Climb	Doug O.	
25x Deadlifts	Christy L.	Natalie H.
ZONE 3		
10' Wall	Val C.	
20x Pull Up Burpees	Chloe G.	Sophia
Angled Walls		
Sled Pull Backwards	Carmine D.	Rocco D.
ZONE 4		
20x DB Lunge Thruster	Shakira E.	Bryan
Low Crawl		
20x SB Step Ups	April	Taryn
Ninja Rig	Dom D.	Courtney B./Amanda D.

